



EARLY CAREER HELP

Educational and Career Consultancy Services

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NEXT-1: MODULE 1

SELF-ASSESSMENT & GOAL CLARITY

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GUIDANCE PROGRAM

NEXT-1

For Students of Class 10

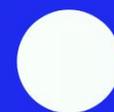


HELPS TO EXCEL IN BOARD EXAMS
WHILE BUILDING CLARITY ABOUT
FUTURE CAREER PATHS THROUGH
STRUCTURED SELF-ASSESSMENT,
SMART STUDY HABITS, AND
PERSONALIZED PLANNING

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Educational Consultant

NEXT-1: 6 Modules

EARLY CAREER HELP

For Students of Class 10

M1: Self-Assessment & Goal Clarity 🎯 – Mapping strengths, weak areas, and setting board exam + future goals.

M2: Study Strategies & Smart Learning 📖 – Subject-wise study techniques, NCERT mastery, revision plans.

M3: Time Management & Consistency ⌚ – Daily study timetable, balancing school, tuition, and self-study.

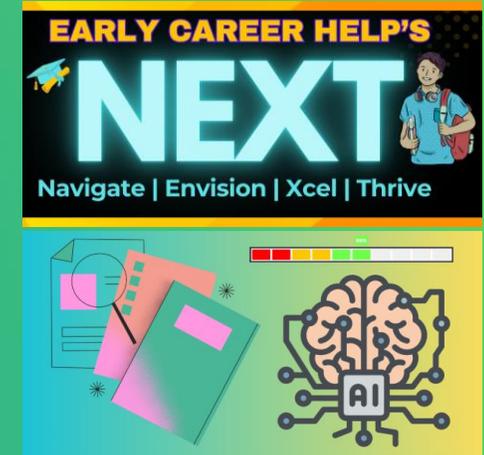
M4: Stress Management & Exam Confidence 🙄 ♀ – Dealing with board exam fear and building confidence.

M5: Career Awareness & Stream Selection 🔍 – Introduction to Science, Commerce, Arts, and vocational options.

M6: Parent-Student Joint Planning & Progress Review 👨👩 – Creating a study-career roadmap together.

🕒 **"From Class 10 to Career Clarity!"** 📈

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“Class 10 is a turning point! Let’s start by understanding who you are and where you want to go.” ⌚

- 🧠 Identify strengths, weaknesses & interests
- 📄 Take aptitude & personality-based quizzes
- 🎓 Explore career possibilities linked to skills
- 🎯 Set short-term & long-term academic goals
- 👁️ Understand learning style (visual, auditory, kinesthetic)
- 📊 Track current performance & improvement areas
- 🔍 Self-reflection through journaling & discussions
- 👨👩 Involve parents in goal-setting conversations
- 🚀 Build confidence to aim high with realistic steps

🧠 “Know yourself, shape your future!” ✨

🗺️ “Your journey begins with self-awareness!” 🌟

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Why Self-Assessment Matters

-  Understand what you're good at
-  Choose careers that match your skills
-  Boosts confidence & decision-making
-  Avoids wrong career choices later
-  Builds self-awareness for success

 **“The first step to success is self-discovery.”**


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Why Goal Clarity is Important 💡

- ❑ 🎯 Clear goals improve focus & motivation
- ❑ 🕒 Saves time & energy on right priorities
- ❑ 🚀 Helps plan studies for board exams
- ❑ 🔭 Gives direction for higher education
- ❑ 🏆 Keeps students consistent and confident

🎯 ✨
“Clear goals = Clear future!”

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How to Assess Yourself

-  Take aptitude & interest tests
-  Identify strengths & weak subjects
-  Track past academic performance
-  Reflect on hobbies & skills
-  Discuss with parents & teachers

“Assessment is like looking in a mirror – it shows where you stand and where to grow.”

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Tools for Self-Assessment

-  Online aptitude quizzes
-  SWOT Analysis (Strengths-Weaknesses)
-  Personality-based questionnaires
-  Mentor/teacher feedback
-  Self-reflection journaling



“Discover your hidden potential!”

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Setting Short-Term Goals 💡

- 📅 Weekly study targets
- 🎯 Subject-wise improvement goals
- 🕒 Daily timetable for consistency
- 📄 Practice tests for self-evaluation
- ✨ Celebrate small wins

“A goal without a plan is just a wish.” – Antoine de Saint-Exupéry

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Setting Long-Term Goals

-  Decide preferred streams after Class 10
-  Link career goals with subjects
-  Plan for competitive exams (JEE/NEET etc.)
-  Create a yearly academic calendar
-  Write down 'big dream' statements

 
“Dream big, start small, act now!”

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Role of Parents in Goal Clarity 💡

- 🤝 Support without pressure
- 👂 Listen to child's aspirations
- 🧠 Discuss career options together
- ✨ Appreciate small progress
- 🏠 Provide guidance & motivation

“Parents play a key role by guiding without forcing, and encouraging without comparing.”

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Benefits of Goal Clarity

-  Better focus & academic performance
-  Confidence in career decisions
-  Smarter preparation for exams
-  Vision for future opportunities
-  Builds self-discipline and consistency

“Clarity precedes success.” – Robin Sharma

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Summary

- Self-assessment builds self-awareness
- Goal clarity improves focus & direction
- Parents and mentors guide the journey
- Short-term + long-term goals = success path


“The more you know yourself, the better you can plan your future. Goal clarity gives students the power to take charge of their journey from Class 10 to a successful career!”

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STUDY STRATEGIES & SMART LEARNING

- ❑  Master NCERT as the primary source for all subjects
- ❑  Break topics into small, manageable sections
- ❑  Follow a fixed daily timetable with balanced breaks
- ❑  Make handwritten notes for better retention
- ❑  Revise regularly instead of last-minute cramming
- ❑  Use subject-wise strategies (practice for Maths, diagrams for Science, maps for Social Science)
- ❑  Highlight important points, create quick-recall sheets
- ❑  Teach topics to someone else for better understanding
- ❑  Plan revisions using the 3-2-1 method before exams
- ❑  Focus on understanding concepts, not just memorizing

“It’s not how much you study, but how well you study that matters.”

 “Smart study today, big success tomorrow!  ”

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