



EARLY CAREER HELP

Educational and Career Consultancy Services

www.earlycareer.in



NEEV-1: MODULE 1

SELF-DISCOVERY & LEARNING STYLE MAGIC

Dr. Nirbhay K.
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9570133616



EARLY CAREER HELP'S

NEEV

Nurture | Enlighten | Evaluate | Victory

GUIDANCE PROGRAM

NEEV-1

For Students of Class 1-5



SHAPES YOUR CHILD'S
THINKING, FOCUS, AND

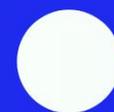
CONFIDENCE

FROM THE START

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Dr. Nirbhay Kumar
Educational Consultant

ALL 12 MODULES

M1: Self-Discovery & Learning Style Magic 🧠 ✨

M2: Habit Building & Daily Discipline 🕒 📅

M3: Time Sense & Planning for Kids ⌚ 📅

M4: Learning to Focus & Pay Attention 🔍

M5: Developing Curiosity & Inquiry Skills ? 🔍

M6: Emotional Intelligence & Expression 💬

M7: Cognitive Growth Mapping 🧠 📈

M8: Observation & Mindful Thinking 👁️ 🧘

M9: Effective Communication & Listening Skills 🗣️ 👂

M10: Understanding Good Values & Right Choices ⚖️ 🌱

M11: Smart Use of Gadgets & Screen Time Discipline 📱 🚫

M12: Parent-Child Goal Setting & Review 🎯 👨👩



🕒 Right Habits 📅

🧠 Right Values ⚖️

⌚ Right Start 🎯

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🚀 Explore. Express. Improve. 🌱

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🌟 “Every child is a different kind of flower, and all together make this world a beautiful garden.” 🌸

- ✓ 👧 👦 "Who am I?" – Exploring our name, likes, dislikes & personality
- ✓ 🧠 Activities to reflect on strengths and things we want to improve
- ✓ 🌈 Realizing that everyone is unique and special in their own way
- ✓ 🎯 Building a personal identity and early sense of purpose
- ✓ 🗣️ Learning about choices, actions, and their impact
- ✓ 🗨️ Encourages open sharing with parents & mentors

“This first module is like holding a mirror to child’s heart and mind.”

“The first step to growing is knowing yourself.”

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What Makes You, YOU?

☐ 💡 Each child is unique in how they think, feel & learn

☐ ❤️ Likes, dislikes, favorite colors, animals, stories... it all matters!

☐ 🔍 Self-awareness helps children feel confident early

Knowing yourself is the first superpower!



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Learning Styles – What’s Yours?

- 🎨 Visual: Learns through pictures & diagrams
- 🎧 Auditory: Learns by listening
- 🙌 Kinesthetic: Learns by touching & doing
- 🧩 Activities to help identify how they learn best

Learn the way you love to learn!



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 **Fun Quizzes & Games** 

-  Use playful tools to explore interests
-  Personality bingo, favorite things collage
-  Express through colors, drawings & stickers
-  Emotion cards to show feelings


**Learning about yourself
should be fun!**


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Spotting Natural Strengths

- 🦵 Good at building things? Or remembering facts?
- 📖 Curious? Friendly? Imaginative?
- 👁️ Observe daily play & tasks for hidden talents
- 🎯 Build on their natural spark

Every child has a hidden gift 📁 —spot it early! 🔍

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Emotions Are Clues

- 😊 Emotions tell us what matters to us
- 🎭 Use drawing or puppets to express feelings
- 🪞 Mirror games: Act out happy, sad, excited
- 🧘 Talk about what makes them calm or upset

✨
Feelings are friendly messengers
❤️ 📧

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Self-Expression Tools

- 📷 “My Story” scrapbook
- 🖼️ Mood boards with colors, shapes, pictures
- 🎤 Mini “About Me” presentations
- 🧩 Make a personality puzzle!

🌟
**Your voice matters.
Let it shine!**
🎤 🌟

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Honest Conversations with Parents

- ☐  Parents know their child's early spark
- ☐  Guided conversation questions
- ☐  "My Child Is..." worksheet
- ☐  Strength-based bonding at home


**Parents + child =
discovery duo!**
 

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Building Self-Awareness Daily

- 🌅 Morning self-check: "How do I feel today?"
- 🪞 One-minute mirror talk
- 🌟 End of day: "What did I enjoy most today?"
- 🧸 Daily check-ins in class or at home

Little moments build big awareness



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Tips for Parents & Students

Parents please:

- ✓ Observe your child's reactions & patterns 
- ✓ Use art and play to ask open-ended questions 
- ✓ Let your child finish the sentence: "I like ___ because..." 
- ✓ Accept every answer with love 

"Self-awareness is the seed from which confidence grows. Let's help every child recognize their light and let it shine!" 

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HABIT BUILDING & DAILY DISCIPLINE

- 🕒 Set a daily study routine with breaks
- 🕒 Make a fixed time for homework and revision
- 🛏 Sleep on time, wake up fresh to learn better
- 🌟 Reward small achievements to build motivation
- ❌ Avoid procrastination with a task list
- 📅 Use a calendar to plan school work
- 🧹 Keep study area neat for better focus
- 💡 Build habit of 'Do it now' not 'Later'
- 👨👩 Parents should model good discipline
- 🌱 Consistency builds strong academic habits

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Habits today, success tomorrow! 🌱

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FREE PDF

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Need Help in Implementing
NEEV MODULES ?

Join Our Paid Online 1-to-1
Personalized Guidance



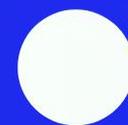
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